

For another serving of old-school chocolate shops, head to Foucher. This quaint chocolatier lacks the finesse of some of the newer establishments, but the staff are friendly and more importantly, the chocolates sublime. Try the Earl Grey for something truly different.

Round off the tour in Pierre Marcolini, a haute chocolaterie. The shop has a sleek, contemporary feel more associated with a high-end clothing boutique. Chocolates are delicate, minute and uniform squares. The Quatre Épices (or Four Spice) should be on a list of chocolates to try before you die. A clever combination of nutmeg, cloves, cinnamon and pepper will prompt more than a return visit or two, meetingthefrench.fr.

HOME VISIT

If you want to eat like a Parisienne, why not go the whole hog and eat with them too? Introduced in Paris in 2010, Voulez-Vous Dîner encourages people in cities around the world to cook meals in their apartments and houses for travellers who would rather pay for a home-cooked meal with a local resident than dine in a restaurant every night. You can sign up, based on price and menu. This clever approach allows you a chance to sample how the locals really eat, while saving on overpriced tourist traps. Hosts are usually

huge foodies themselves, so you're sure to sample something special. Homes and cooks are vetted in advance and rated online, so you know exactly what you're getting yourself into. At the very least, you'll have a foodie adventure to remember, voulezvousdinner.com. **ABOVE** Treats from Pierre Marcolini, Paris.



CAMBODIA

WHERE A true food adventure in Cambodia WHY Have a taste for Eastern cuisine? This is a seriously cool holiday for friends who like to feast. It's an exploration of Cambodia through the senses, an experience of its spices and flavours, local



cuisine and traditional dishes. Their French and Thai influenced cooking will be your guide, from Phnom Penh through to Siem Reap. You'll make rice paper and dry fruit with locals, wander the fresh markets, and meet the makers behind the food here, all against the breathtaking Kampuchean backdrop. Warning: You may never enjoy Asian takeaway after sampling the real deal **THE DEAL** Intrepid's Cambodian Real Food Adventure starts from €670 per person and includes seven breakfasts, one lunch, four dinners and accommodation, transport and activities **DETAILS** For itineraries and full details, see intrepidtravel.com.



For the day ...

Take a foodie trail in Cork or Dublin (fabfoodtrails.ie), try a little whiskey sampling at Jameson (jamesonwhiskey.com), or do it yourself at Ballyknocken – their cookery school offers seriously delicious inspiration (ballyknocken.com). Craft beer lovers: the lovely people at Craft Beer Dublin organise free walking tours, exploring the city's tastiest brews (craftbeer.ie).